

MINDFUL YOUTH

A CERTIFICATE PROGRAM



*Self learning & mentoring program to
empower, elevate & enlighten youth*



Activities in progress

The trust is committed to nurture a value-based mindset among youth by reconnecting them with the deep roots of Indian culture, traditions, and wisdom, thereby contributing to the creation of responsible citizens and a stronger nation. Following activities / movements are in progress.

1

To conduct teacher training programs that enable educators to impart value-based education and foster holistic development in students

2

To organize seminars, workshops, and interactive sessions led by subject experts and thought leaders to enrich knowledge and inspire innovation

3

To encourage youth to visit spiritual and holistic campuses so they can experience inner peace

4

To cultivate the habit of reading, writing, and reflection by distributing and gifting meaningful books and diaries that inspire learning

5

To organize competitions, literary events and cultural activities that promote Indian values and holistic literature

6

To promote social responsibility by organizing initiatives related to blood donation and organ donation through community engagement

7

To provide career guidance to young students, helping them discover their potential for a bright and meaningful future

8

To facilitate dialogues, debates, and intellectual discussions on relevant social, cultural, and developmental issues and share through digital platforms

9

To promote awareness of organic living and natural therapies that support preventive health and help protect individuals from chronic diseases

10

To create awareness about environmental responsibility, including the importance of carbon credits, green energy, and sustainable practices for preserving nature and ensuring a healthy planet for future generations

VISION

To nurture generations for development of more compassionate society

MISSION

To inspire young minds & make them passionate about self growth

TRUST BOARD

Himanshu B Thakkar
(Founder Trustee)

Jayendrabhai D Thakkar

Harishbhai H Buddhdev

Jitendrabhai Upadhyay

Dipakbhai N Thacker

Dasrathbhai Patel

Your generous contribution is eligible for tax exemption under the Income Tax Act and qualifies under the CSR guidelines of the Government of India.

Mindful Youth

A certificate program

A journey to empower, elevate, and enlighten yourself through self-driven learning mechanism

Professional Development

Miracles of the Body
Talk that Transforms
Move like You Mean it
Youth at Risk
Swipe Smart
Live Loud
The Power Circle
Career - By Choice ?

Mental Awakening

Unlocking Minds
Defining Lives
The Law of Nature
The Elemental Code
Ancient Light -Modern Minds
Festivities -Common Pulse
Chant to Change
Wellness Beyond the Mind

Spiritual Enlightenment

Timeless Dharma
Inner Enlightenment
Decoding Vedas
Iconic Dharma
Chakra Charge
Spiritual Discovery
Krishna Vibes
Gratitude is Attitude

STRONG SUPPORT TEAM



Support the Cause : Appeal

We earnestly invite your gracious support in empowering the next generation. By sponsoring a student with a contribution of ₹2500, you can help nurture their journey of growth, learning, and transformation, enabling them to move forward with purpose and potential.

Banking

State Bank of India
A/c No. 42957540638
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IFSC Code: SBIN0013925

Career and Cultural Charitable Trust



Youth are the strength and future of our nation. By dedicating time to learn about Indian culture, gaining Vedic orientation, and developing the habit of reading meaningful books, young minds can build strong values and wisdom. Staying away from addictions and drugs, respecting and preserving nature, and taking care of holistic health—physical, mental, and spiritual—are essential steps toward a balanced life. When youth act mindfully with discipline, compassion, and responsibility, they not only shape their own bright future but also contribute powerfully to the noble mission of nation building.

I sincerely appeal to all well-wishers to support this noble initiative and help us connect with maximum students through the Trust, so that they may receive the right platform to grow stronger in Indian culture as well as in the noble qualities of humanity.



HIMANSHU THAKKAR
Founder Trustee

યુવા શક્તિ આપણા રાષ્ટ્રની શક્તિ અને ભવિષ્ય છે. ભારતીય સંસ્કૃતિને સમજવા માટે સમય સમર્પિત કરવો, વૈદિક દિશામાં અભિગમ મેળવવો અને અર્થપૂર્ણ પુસ્તકો વાંચવાની આદત વિકસાવવાથી યુવા મનમાં મજબૂત મૂલ્યો અને જ્ઞાન વિકસે છે. વ્યસન અને નશાથી દૂર રહેવું, પ્રકૃતિના

તત્વો પ્રત્યે આદરભાવ રાખવો અને તેનું સંરક્ષણ કરવું તથા શારીરિક, માનસિક અને આધ્યાત્મિક — એવી સર્વાંગી આરોગ્યની કાળજી લેવી સંતુલિત જીવન માટે અત્યંત આવશ્યક છે. જ્યારે યુવાનો શિસ્ત, કરુણા અને જવાબદારી સાથે સચેત રીતે કાર્ય કરે છે, ત્યારે તેઓ માત્ર પોતાનું ઉજ્જવળ ભવિષ્ય ઘડે છે એટલું જ નહીં, પરંતુ રાષ્ટ્ર નિર્માણના મહાન કાર્યમાં શક્તિશાળી યોગદાન પણ આપે છે.

હું હૃદયપૂર્વક તમામ શુભેચ્છકોને વિનંતી કરું છું કે તેઓ આ પવિત્ર પહેલને સમર્થન આપે અને ટ્રસ્ટ સાથે વધુમાં વધુ વિદ્યાર્થીઓને

જોડવામાં અમારી મદદ કરે, જેથી તેમને ભારતીય સંસ્કૃતિ તેમજ માનવતાના ઉત્તમ ગુણોમાં મજબૂત બનવા માટે યોગ્ય મંચ મળી શકે.



Career & Cultural Charitable Trust

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